Goals/Objectives/Student Outcomes:

Students will:

• Become aware of the use of folk music in Iowa and how it is used to provide entertainment, chronicle events, and teach young people about their culture.

• Develop an understanding of folk music as an oral tradition that has a tendency to change as it is passed from one person to another.

• Identify forms of traditional music and song.

Materials:

1. Folk songs
2. Paper
3. Pencils

Background:

Folk music includes both vocal and instrumental traditions, from a child singing a parody of a television commercial to a camp song. Folk music is composed by an individual, but as it is passed from person to person it often changes. Sometimes only a few words change and in other cases all the words are changed. Different groups of people change the words to fit their own circumstances or conditions.

Folk songs are learned informally and shared within family or community groups. What is called folk music is often the creation of an individual songwriter, perhaps in the style of traditional music but not truly a traditional song or performance. “Happy Birthday” is a good example of a folk song, as are all the parodies it has spawned, and which your students doubtless know and would be glad to sing.

Students know lots of parodies, many of them about school and teachers. Parodies like “On Top of Spaghetti” also are examples of traditional homemade music. Students also parody popular songs and commercials.

Traditional music is a form of expression that is passed on by word of mouth and by example. There are many kinds of traditional music and songs in Iowa. We have: African American (rap, gospel, and blues), Anglo American (bluegrass), Finnish, German, Czech, Dutch, Danish, Hispanic, Scottish, Norwegian, Swedish, Italian, Jewish, and Amish music.

Other traditional songs include such favorites as “Ninety-Nine Bottles of Beer,” “sports cheers and songs, congratulatory songs like “For He’s a Jolly Good Fellow,” cowboy songs, Native-American chants and songs, and songs from different ethnic cultures. Traditional music and song can be found in almost all folk groups. Hand clap and jump rope songs are common on many school grounds. Camp songs are another example from children’s own folk groups.

Procedure:

Begin this unit by describing traditional music and song as an activity that is learned just like all of the other traditions you have been discussing. Ask students for examples of music and song that they like to listen to and that they like to sing. Talk about the topics of those songs, pointing out that they can be about anything. Explain that music and song do not require musical accompaniment, but if there is musical accompaniment, learning how to play a musical instrument may also be a tradition.

1. Ask the students to share examples of their traditional music, the parody. Describe the parody with an example such as, “Glory, glory hallelujah /Teacher hit me with a ruler...” Have each volunteer name the parody and who he or she learned it from. Ask the student to recite or sing the song. Record the session.

2. Present folk songs or songs you have found that were part of the folk music heritage of Iowa. Discuss the lyrics and how they might relate to Iowa life. Divide the class into smaller groups to do this as a cooperative learning activity.

3. Have the students use tunes to familiar folk songs and write new lyrics to them. The lyrics should reflect aspects of their daily life in Iowa. They need to know that they may have to change the melody slightly to fit their new lyrics and that this is in keeping with the folk music tradition.

4. Remind the students that lyrics to a song follow a rhyming pattern.

5. When they have finished a final copy of their song to be turned in, each group will teach its new lyrics to the rest of the class or another group in the oral tradition of folk music.
Assessment of Outcomes:
The student's written project and performance will show an understanding of the concept that change is part of the folk music tradition and that the words to folk songs reflect the culture in which they were created and in which they are being used.

Extensions and Adaptations:
There are artists in residence available who could extend this activity with the introduction of folk instruments that were used in Iowa. There may be performers in your community who would be able to teach folk songs that were brought to Iowa by immigrants who settled in your area. Contact the Iowa Art Council, Department of Cultural Affairs, for a roster of artists: (515) 281-4451.

This lesson could fit into a language arts unit. Or, students could be asked to illustrate either their new verse or the original as part of an art lesson.

Have kids sing and record their songs and see if a local radio station will air the songs.

Resources:
Greg Brown. This nationally renowned recording artist, who appeared on A Prairie Home Companion, is an Iowan whose many albums (available on LP, cassette, and CD) often deal with Iowa and rural topics.


Folk Songs

DO-RE-ME-fa-sol-la-ti-do. . . . Whether you sing a scale or belt out a traditional tune in the car with your family, you could be singing folk songs. Folk songs are traditional music usually learned by word-of-mouth. Some folk songs are ballads (songs that tell stories). Others are play songs like "London Bridge," while tunes such as "Happy Birthday to You" celebrate events.

Below is a favorite folk song heard in Iowa. Do you know of any others?

Go Tell Aunt Rhody
Chorus:
Go tell Aunt Rhody
Go tell Aunt Rhody
Go tell Aunt Rhody
The old gray goose is dead.

The one she’d been saving
The one she’d been saving
To make a feather bed.

The goslin’s are cryin’
The goslin’s are cryin’
Because their mama’s dead.

The gander is weepin’
The gander is weepin’
Because his wife is dead.

She died in the millpond
She died in the millpond
Standin’ on her head.
The following songs were written by Iowa City singer/songwriter Dave Moore and Iowa elementary students. As part of the Artist-in-Schools program sponsored by the Iowa Arts Council, Moore visits Iowa schools and performs and writes songs with children.

Elmo the Hungry Overhead Projector
One night a boy went to bed on Halloween
Just about midnight, he awoke from a dream
He stared at the closet, saw a light through the cracks
And he rose from his bed and he froze in his tracks

Chorus
You’ve heard of Dracula and Frankenstein
All evil spectors
Now you will hear of Elmo, the hungry overhead projector

Then the door flew open, and out of the blue
He saw an overhead projector he knew from school
Then the boy shook, and he burst into tears
And he barely could utter, "Why are you here?"

It said "I remember the time you knocked me off my cart
Now I have come to collect a few missing parts
I need some new plastic, so to begin
I think I will start by removing your skin

I want your eyes for new lamps, you ears for a crank
And when I get done your little face will be blank
I want your toes for a fan, your bones for rollers
And when I need bolts, I’ll pull out your molars

I want your nose for a plug, your veins for a cord
I’m gonna nibble on your brains, when I get bored
Now I’m almost done, I just need one more part
For a motor I think I will pry out your heart.

—Written with Clinton, Iowa students
Jake the Snake
One sad day when the zoo came to town
They left a cage open and a snake jumped down
He crawled all the way from the town of Victor
The biggest and the baddest boa constrictor

He said "the one thing I just love to eat
Is plump little children, third grade meat"
They named that monster, for heaven's sake
For the first kid he ate by the name of Jake

Chorus
We're talking snake, he ain't no toy
We're talking Jake, Jake the snake, oh boy

He crawled to the Amanas, to every seven village
Looking for kids, to eat and to pillage
He came and ate Jenny, Joy, Eric and Tim

And after that he gobbled up their teacher named
Kim
He got fat and long as the Iowa River
Five foot teeth and a ten foot liver
Ugly as sin, it seemed he'd never die
He even ate the houses with the people inside

One day when Jake was up in a tree
Catching cars and eating them like sweet peas
Along came a girl and took out an axe
And she chopped down the tree and Jake fell on his back

Jake burst like sausage and the kids ran free
And they built a factory right under that tree
To freeze the meat from Jake and one day later
They called the place Amana Refrigerator

--Written with students in Amana, Iowa